



**Ethics in Coaching with the Co-Active Training Institute
February 24, 2023, 8:00 a.m. to 10:00 a.m. EST**

About our Facilitators

Hope Langner, MS, CPCC, MCC



Hope Langner (she/her), Director of Faculty for the Co-Active Training Institute, is a seasoned trainer, designer and ICF Master Certified Coach who works with people worldwide. Known for her heart, calm presence, and laser-sharp clarity, Hope believes that inner alignment is the path to personal, organizational, and cultural change.

Those drawn to work with Hope have a hunger to grow and to learn more about themselves and the systems they are part of. In addition to coaching and offering experiential training to individuals and groups, Hope designs and leads workshops and retreats for individuals, groups, and organizations. She offers customized workshop and program design to business leaders and professionals who want to develop and enhance their leadership strengths and skills.

Through her work as a founding partner of *BeautyWay Learning*, Hope offers retreats and teleclasses focused on reconnecting to self, other and the natural world in these chaotic times.

The mother of two grown daughters, a lifelong learner, avid traveler, and aspiring gardener, Hope lives with her husband and their 11-year-old puppy in upstate New York.

Kristen Bentley, CPCC, PCC



Kristen (she/her) is a gentle Coach and Leader with tenacity and compassionate insight. She creates energizing conversation to push the limits of what people and organizations think they know. She is particularly passionate about working with diverse visionary leaders at the intersection of personal development and systemic, social change. She uses an integrative, humanistic, trauma informed approach in her work.

Previous to her coaching career, Kristen was a business owner/Optometrst. She went into healthcare with a heart for relationship, health and wellbeing and after feeling burned out and disconnected from her original intentions she shifted her focus. Her work now impacts people in many different industries including healthcare, IT, retail, education, finance, pharma, athletics and non-profit. Her clients come from a range of identities, countries, cultures, histories and choices around how they want to live their life. What they do have in common is that they are likely high achievers that work hard and care hard and have a desire to live into to a new story together, where the wellbeing of one is linked to the wellbeing of all (people, species and planet.)

She is a proud mother of 3 adult men and one little furry companion. Kristen is Canadian and in 2020, she moved to Costa Rica for greater connection to land, nature, adventure, surf, Spanish, simplicity, vitality and wellbeing.