



Lisa is the President of Green Apple Consulting (alternate trade name Lisa Mitchell Coaching), a leadership development consulting and coaching company. She brings 25 years' experience as a corporate leader and former executive to the table.

Her experience in business spans various industries including call centres, outsourcing, finance, retail and senior's housing (a blend of healthcare and hospitality). In her last corporate role, Lisa was VP, Talent Management of a large Canadian organization (13,000 employees).

An Executive Coach and Master Facilitator, Lisa helps high-achieving leaders elevate their results **AND** overcome overwhelm.

Her clients benefit from her extensive leadership experience and natural ability to see the potential in people, along with an extensive library of practical tools and templates to facilitate strategy, learning, accountability and measurable results.

Credentials include:

- ACC (Certified by the International Coach Federation)
- ATC (Adler Trained Coach)
- CTDP (Certified Training and Development Professional)
- B.A
- B.Ed.
- Certified PROSCI ADKAR Change Management Professional
- Certified Practitioner for various assessment tools including TILT365, DISC and TotalSDI (Strengths Deployment Inventory)

Outside of work, Lisa enjoys life at home with her teenaged son, husband and senior citizen dad, and spends most of her spare time going for walks, reading, writing and traveling!

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